



Senior VOLUNTEER

Group

If you are a senior (55+) looking to get more involved in the community and be a part of something great then come volunteer with us! A few times a month we will be going to different organizations to volunteer our time to help others in need. There will be opportunities to volunteer as a group or individually. We will have a monthly meeting with group members to check in, share experiences, and find new volunteer opportunities. There are many positive effects of volunteering, including improvements in physical, mental, and emotional wellbeing. So come make a difference in your life and the lives of others by joining our group!

**VOLUNTEER OPPORTUNITIES
ARE HAPPENING NOW!**

If you would like to be part of this group then contact Julie Wood at (615) 786-0186 x2048 or juliew@williamson-tn.org.

**OUR FIRST MONTHLY MEETING WILL BE
THURSDAY, SEPTEMBER 28TH**

FROM 9AM-11AM

**AT THE WILLIAMSON COUNTY
ENRICHMENT CENTER**

*it is never too late
to make a difference*

